

## A Spiritual Fraternity for All Men

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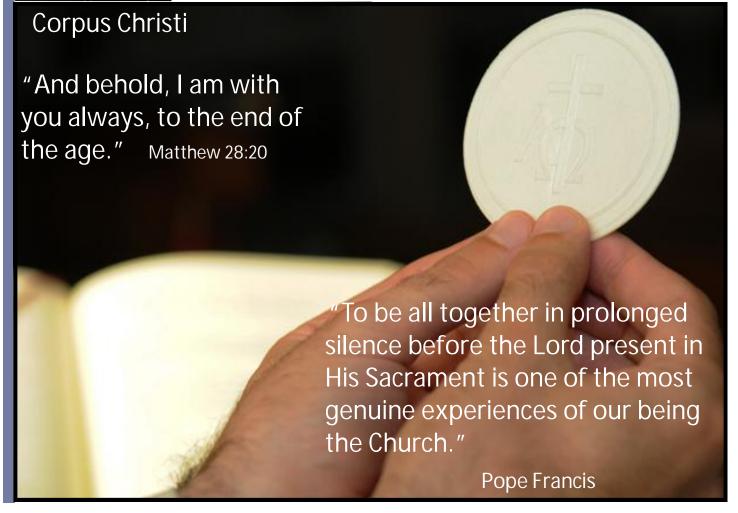
Fr. Pinto's Letter to Men - Happy Father's Day!



Dear Fathers:

I pray that this journey on the path of holiness will be exciting for you. You have a great desire to be formed after the heart of God, who is our heavenly Father! The world and much more the evil one, does not want you to become a father.

Being a father means understanding that it is a call. When you see fatherhood as a gift you will accept it in humility and gratitude. Humility comes from the fact that you are weak. The pressures of the world are strong and flesh seems to have its way. Gratitude comes from the fact that the Lord is your Shepherd and He is with you always. With Him all things are possible. As you allow Him to guide your steps in holiness you will witness His wonders. In this vocation there are certain demands, challenges, struggles, and responsibilities. It is the grace that counts. All we have to do is open our hearts to the graces God gives us. *(continued page 9)* 



# Men's Day of Faith Renewal Saturday, April 18, 2015 - St. Mel Parish, Fair Oaks

Thank God for a wonderful Men's Day of Faith Renewal

More than 300 men enjoyed a day of spiritual reflection and encouragement on Saturday, April 18th at the Third Annual Men's Day of Faith Renewal 2015, hosted by St. Mel Catholic Church in Fair Oaks, California.

The men from Cursillo, Fraternity of Fatherhood, The Knights and other volunteers served eagerly and with joy to bring men closer to Christ. We began the day with the Holy Mass and the Rosary. It was very powerful to hear the men praying and singing with such conviction.

Auxiliary Bishop Myron Cotta was unable to attend due to illness but sent a letter of encouragement that was read aloud to all of the men. For this we are very grateful. (letter included on next page)

Our featured speaker was Mr. Tim Staples, a Catholic lay evangelist and world renowned Catholic Apologist. His three inspirational and educational talks: "God is Looking For a Few Good Men" "Catholics and the Cultural War" and "Black and White-Moral Clarity in a World of Gray" were well received by the standing room only audience.

The men enjoyed a hearty lunch of pulled pork, chicken or tri-tip, good conversation and sharing.

Friday evening April 17, St. Mel Church was filled to capacity with parishioners, friends and guests who heard Mr. Staples speak on "Why Be Catholic, a talk in which he shared his journey from Assembly of God minister to the Catholic Church. Friday evenings program included a delicious Leatherby ice cream social in the parish center.

Mike Allison

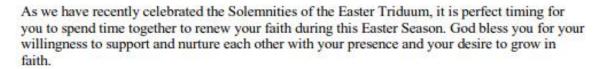


Saturday, April 18, 2015

Dear Brothers in the Risen Christ,

A blessed Easter Season to one and all. Congratulations on your annual gathering as brothers in The Lord Jesus. I was looking forward to attending your Men's Day of Faith Renewal, but God had other plans. I hope there will be another opportunity in the future to have the honor to

celebrate the Holy Mass with you.



Each year, as you gather to renew your faith, seeds continue to be planted to strengthen you in your relationship with Christ. The Church needs men like yourselves to rise up and be empowered by the Holy Spirit in order to proclaim and live your faith; and to invite others to enter into a personal relationship with Jesus and to come to know his Church. You are called and challenged to be actively involved in the "new evangelization" for this day and age.

Growing in your faith is possible when one accepts and responds to the gifts of God's "grace and mercy". It is grace and mercy that fosters a "renewal" of your faith. Be encouraged that you are, in this present day, disciples of Christ - true "men of faith".

I pray that this year's gathering will be a powerful experience for you. May you be renewed in mind and spirit as you continue to grow in faith. May the graces of this time together help you to live out your baptismal call, your vocation, in your everyday lives.

As we journey through this Easter Season, may we prayerfully await the Solemnity of Pentecost. May the Holy Spirit pour out his spiritual gifts upon you. May he bless you with a "steadfast spirit". My brothers, God bless you.

May the peace of the Risen Christ be with you all!

Auxiliary Bishop Myron J. Cotta

Diocese of Sacramento

## Men's Day of Faith Renewal

Saturday, April 18, 2015 - St. Mel Parish, Fair Oaks



#### Portland, Oregon Men

....Our Fraternity meets every second Saturday of the month at St. Mary's Cathedral for 7:30AM Mass followed by our breakfast meeting at the Kingston Grill. We conclude at 9:30AM.

Our group consists of single and married men. Right now we are studying the "Carry Your Family In Your Heart" Fatherhood Guidelines. Contact Brendan 503-358-4963.

(mcvickerfamily@comcast.net)

Come join us!



#### A Fraternity for All Men

The Fraternity of Fatherhood is for men of all ages. Our desire is to serve the Lord in all areas of our lives and to especially model our gift and responsibilities as fathers after the example of God the Father and His goodness. We support men; meeting them where they are. We engage in one-on-one friendships and provide opportunities for group activity, support and formation.

We entrust the Fatherhood Fraternity to the patronage of Saint Joseph.

#### Our Mission

To serve as men dedicated to the Lord in all aspects of our lives. To encourage and support men / fathers throughout the world in their gift and responsibilities as fathers. To encourage and support fathers "to respond" to their vocation, to protect and remain strong carrying their families in their hearts. Our desire is to be united to The Lord and fulfill our holy mission as fathers.

#### What is it we hope to do?

Bring men / fathers, closer to God by inviting them to learn their faith, challenging them to live their faith and encouraging them to love and share their faith. In addition, we invite those not married as this is a time to discern their vocation and calling in the Church.

As Fraternity of Fatherhood members, we are committed to grow and be formed spirituality, to support each other, to be active and supportive in our parishes. We are committed to learn who we are as Catholic men, to be discovered through our life experiences, prayer, studying Scripture and the documents of the Holy Roman Catholic Church, obedience to the Holy Roman Pontiff, our Roman Catholic Bishops and our parish Pastors. The formation of "Fatherhood" takes place in our hearts. Being a father means understanding that it is a call. When Fatherhood is received as a gift, it is accepted in humility and gratitude. Humility comes from the fact that we are weak. The pressures of the world are strong and flesh seems to have its way. Gratitude comes from the fact that the Lord is our Shepherd and He is with us always. With Him all things are possible.



Get your tickets now and save \$5 at http://www.realcatholicministries.com

## Fraternity of Fatherhood—Group locations & Area Coordinators

Fr. Pinto has encouraged us to grow and expand the Fraternity of Fatherhood all over the world. He has granted us his permission, his blessing and he guides us spiritually. It is with this confidence that we now move forward with humility, obedience and docile hearts. If you are interested in joining a Fraternity of Fatherhood group or if you would like to start a group in your city contact Ray Emnace, Mike Allison, Stacey Hill or Brendan McVicker.

Arkansas Steve Osborn	(501) 664-5379	(501) 529-5615	SteveO@oca-actuaries.com	Little Rock
California Ray Emnace Mike Allison	(661) 513-4216 (916) 436-4049	(213) 531-1999 (916) 834-6226	ray@cpounltd.com meallison5@gmail.com	Los Angeles Fair Oaks
Mississippi Don Brewer	(662) 253-5146	(901) 299-1989	don@memphis2u.com	Olive Branch
Nevada Stacey Hill	(775) 787-6275	(775) 762-5217	cerrosamor@sbcglobal.net	Reno
Oregon Brendan McVicker	(503) 657-0484	(503) 358-4963	mcvickerfamily@comcast.net	Portland
Arizona Bill Booth	(623) 398-8950		Bbooth512@centurylink.net	Phoenix
Texas Donald Lange	(210) 249-8858		dplange1990@gmail.com	Dallas/Ft.Worth

Fraternity Sacramento Men ...

Meet every third Wednesday

of the month.

We meet at Denny's in

Orangevale at 7:30 pm.

Please contact Mike Allison

with any questions at

email address...

(meallison5@gmail.com)



#### CARRY YOUR FAMILY IN YOUR HEART - A CALL TO HOLINESS

A husband/father's guide to his vocation and spiritual direction. Each Newsletter focuses on one of the Guidelines or Areas of Growth from the "Carry Your Family In Your Heart" book. These guidelines to our Fatherhood Vocation & Spiritual Formation have been formatted based on the Fatherhood Retreat Guideline Teachings & under Spiritual Direction of Fr. Santan Pinto, S.O.L.T.

#### MEDITATES ON GOD'S WORD

God's Word, Sacred Scripture, is food for our souls. God's Word is so very powerful because it transforms the human heart. What does God's Word promise us? It promises us prosperity. Prosperity in our spiritual life but also in our work, careers, and families.

By meditating on God's Word we will learn to be healthy, to be happy, to be secure. But, we must make God first in our lives. He is our beginning and end. The Word gives us direction in our life – this direction is placed in our hearts.

We need to 'eat' the Word of God. If we are what we eat, then the Word of God will become part of us. When we spend time meditating daily on the Scriptures our heart is opened further and further to understanding of His Word. But we must Listen and Learn. The key is to listen and then respond to it.

If the first word or sentence speaks to you, pause, ponder it, take time to let it slowly seep into your heart. Respond to it! How does it speak to your present life? As we grow in our understanding God will speak to us even more deeply with His word. So we can read the same text over and each day the Lord will teach us something new. God will teach and speak to us where we are, on our level. As His Word takes root in our hearts and it comes alive in us, God will reveal to us more and more the treasures of the Church and our hearts become docile to the Holy Spirit.

Meditating on God's Word doesn't mean seeing how many bible verses we can memorize. It means Listening; letting God's Word soak into our hearts slowly so that it becomes part of us and we begin living it.

"Then he opened their minds to the understanding of the scriptures." Luke 24:45

#### Grandfathers

"One generation shall praise Thy works to another, And shall declare Thy mighty acts." Psalm 145:4

#### A Father's Wisdom

"I guide you in the way of wisdom and lead you along straight paths. When you walk, your steps will not be hampered; when you run, you will not stumble.

Hold on to instruction, do not let it go; guard it well, for it is your life."

Proverbs 4:11-13, NIV

What father of faith has not prayed for wisdom, discernment and clear thinking, particularly during difficult moments of decision? Taking from the book of Psalms, offer God's promise of wisdom to those who will ask for it.

### MEDITATES ON GOD'S WORD (continued from page 8)

Scripture Reading Psalm 1:1-6

For the man who takes joy in the law of the Lord, follows it and meditates on His word, he will prosper and yield fruit. The Lord tells us there is joy and happiness in following His law. The Lord watches over the way of the just. The Lord tells us that not to follow His way leads to be driven away like chaff in the wind; that we will not stand in the assembly of the just and that the way of the wicked will vanish away. It's our choice to make.

Scripture Reading Luke 24:45

Jesus opened the minds of the apostles to the scriptures and He will for us as well. First, we need to make God first in our lives. When we spend time meditating on the scriptures our heart is opened further and further to understand. As we grow in understanding God will bring us even more deeply into His word.

Scripture Reading John 14:23

Jesus tells us that whoever loves him and keeps His word that the Father will love him and come to him and make His dwelling with him. So if we work to live the Word of God it becomes part of us. The Father will come to us and increase our understanding of His word. He will teach us.

Scripture Reading Mark 4:18

"The Sower sows the word". God sows the word in our hearts. But then it is up to us. We need to listen and learn. It takes ACTION on our part. The key is to listen and then respond to it.

### Fr. Pinto's Letter to Men

(continued from page 1)

This training program is a journey. You discover your identity and recognize your dignity. In understanding your vocation you grow in holiness. You learn to serve as St. Joseph did and realize that God has entrusted His children to your fatherly care!

With my priestly blessings,

Fr. Santan Pinto, SOLT Society of Our Lady of the Most Holy Trinity POSTAGE

### Fraternity of Fatherhood

We entrust the Fatherhood Fraternity to the patronage of St. Joseph.



St. Joseph ... Pray For Us.



This Fraternity of Fatherhood Newsletter is published every 90 days. Next edition: Sept 2015

To submit feedback and/or suggestions for future article topics, please email the editors,

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