



Fraternity of Fatherhood

A Spiritual Fraternity for All Men

Volume II

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Immerse Yourself In The Eucharist Fr. Santan Pinto SOLT

The following is from Steps In Littleness by Fr. Santan Pinto. This small prayer book consists of 50 steps to pray and ponder. The Steps In Littleness book is available at www.disciplesofjesusandmary.org



Fr. Santan Pinto
SOLT

Steps In Littleness Step #5: Immerse Yourself In The Eucharist

Recognize the deep hunger and thirst that you possess for the things of God.

- This hunger seeks fulfillment in the transitory things of this world.
- One gets used to feeding oneself with food that quickly satisfies.
- In the Eucharist the soul finds everlasting food that satisfies the deepest longing of the soul.
- Place your desires, fears, struggles, temptations, habits, addictions, thoughts, emotions, hurts, memories, etc., in the heart of Jesus lifted in the Eucharist every moment of the day.
- Jesus in the Blessed Sacrament calls you to find your home in Him.
- If you are tired rest in His presence, He loves little ones asleep in His arms.
- Expect to be tempted grossly if you spend time with the Lord in the Eucharist.
- Spend your life preparing to receive Him and continually thanking Him for this gift.

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"We must live lives focused on the Eucharist. Whenever we find time we visit the Blessed Sacrament and spend time in adoration before the Lord.

We are truly the Lord's disciples only when we sit at His feet before the Eucharist."

Fr. Santan Pinto SOLT
Discipleship—Your Way Of Life



An incredible Story of the True Presence

Fr. Arthur Byrne

Police Dogs Recognized Jesus In The Tabernacle.

The dog in the photo was trained to identify life after earthquakes. His posture and the fact of staying fixed as seen in the image is the posture that tells the rescuer that there is life in that place. And look at nothing more and nothing less where and in front of who is placed: in front of Jesus as the Eucharistic bread in the tabernacle, the living God among us.

On the evening of the last day of Pope John Paul II's October 1995 visit to the United States of America, he was scheduled to greet the Seminarians at Saint Mary's Seminary in Baltimore.

It had been a very full day that began with the Holy Mass at Oriole Park in Camden Yards, a parade through downtown streets, a visit to the Basilica of the Assumption-the first cathedral in the country, lunch at a local soup kitchen run by Catholic Charities; a prayer service at the Cathedral of Mary Our Queen in North Baltimore; and finally a quick stop at Saint Mary's Seminary.



The schedule was so tight that the plan was simply to greet the seminarians while they stood outside on the staircases. But the Pope made his way through their ranks and into the building. He had another plan, to greet Jesus in the Blessed Sacrament first.

When his wishes were made known, Security personnel flung into action. They swept the building paying close attention to the chapel where the Pope would be praying. For this purpose highly trained dogs were used to detect any person who might be present.

These dogs are trained to locate survivors in collapsed buildings after earthquakes and other disasters. These highly intelligent and eager dogs quickly went through the halls, offices and classrooms and were then sent to the chapel. They went up and down the aisle, past the pews and finally into the side chapel where the Blessed Sacrament is reserved. Upon reaching the tabernacle, the dogs sniffed, whined, pointed, and refused to leave, their attention riveted on the tabernacle, until they were called by their handlers. They were convinced that they discovered someone there. We Catholics know they were right — they found a real, living Person in the tabernacle!

Continued... Immerse Yourself In The Eucharist

- Learn from Jesus how to be "blessed, broken, and given" to all.
- Believe that He is truly present in the Eucharist, because He said so.
- Receive Jesus in spiritual communion often.
- Adore Jesus present in your heart always!
- Ask Mother Mary to cover your nakedness and unworthiness with the merits of her Son, Jesus!



The Eucharistic Revival

Mike Allison

HAVE YOU HEARD OF THE EUCHARISTIC REVIVAL?

WHAT IS THAT?

"The Bishops of the United States are calling for a three-year grassroots revival of devotion and belief in the Real Presence of Jesus in the Eucharist. They believe that God wants to see a movement of Catholics across the United States, healed, converted, formed, and unified by an encounter with Jesus in the Eucharist—and sent out in mission "for the life of the world."

These three years will culminate in the first National Eucharistic Congress in the United States in almost fifty years. Almost a hundred thousand Catholics will join together in Indianapolis for a once-in-a-lifetime pilgrimage toward the "source and summit" of our Catholic faith."

Listening to Jesus- thoughts of Saint Peter Julian Eymard

One day, young Peter Julian Eymard [pronounced A-mard], just five years of age, wandered off from the family home. His sister and half-sister searched frantically for the boy and finally located him in the parish church, standing on a stool close to the tabernacle of the high altar. In response to their anxious questioning, he answered simply, "I am here listening to Jesus."

His life was a true journey to Christ in the Eucharist, a journey begun intuitively on that day when a small boy wandered away from his family home to go to church — to listen to Jesus in the tabernacle.

Eymard's understanding of the Eucharist was not limited merely to adoration but to reaching out to those who were estranged from the Church and evangelizing them. On May 13, 1856 he was given permission that this date is observed in the congregations Father Eymard founded as the feast of Our Lady of the Blessed Sacrament.

A LITTLE BOOK

I purchased a little book called *My Eucharistic Day*, by Saint Peter Julian Eymard in the gift shop in Mundelein Seminary in Libertyville, Illinois where there has been perpetual Adoration since 1926. In nearby Chicago of that same year was the first international Eucharistic Congress held in the United States. Over one million faithful attended the closing Mass and ceremonies. Look it up sometime, it's amazing!

I did not come to really appreciate the writings and lessons from Saint Eymard until recently and am finding it so helpful in deepening my love of Jesus presence in the Holy Eucharist.

These questions are taken from Saint Peter Julian Eymard's book called: *My Eucharistic Day*

WHO IS THERE IN THE HOST?

In the Host is to be found the same Jesus who is the delight of the Father and the Holy Spirit, the joy of the angels and the saints, and he is there for us, and belongs to us...and some day if we have been faithful to him, he will be our happiness in Heaven

WHAT IS JESUS DOING IN THE HOST?

Jesus in the Host is praying for us. Every morning he offers himself on the altar for our needs. He asks the Father to have mercy on our sins... he intercedes for each one of us and obtains for us all graces, especially that of a happy death.

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Continued...The Eucharistic Revival

WHAT DOES JESUS EUCHARISTIC ASK OF US?

Let us not forget that through love of us., Jesus instituted the Blessed Sacrament, foreseeing all the horrible profanations to which he would expose himself. He abandoned himself to them, and willed to endure all for love of us. Let us abandon ourselves for him and in him and let us rest peacefully under the protection of him who cannot fail us.

Brothers- I encourage you to take time to pray and read more about Jesus' real Presence in the Holy Eucharist. Find a church near you and commit to a regular visit time. I promise you will not regret it. Jesus is calling us.

Blessed Carlo Acutis Listed 32 Eucharistic Miracles—Here is the Top 1

National Catholic Register

Jesus said to [Thomas], "Have you come to believe because you have seen me? Blessed are those who have not seen and have believed" (John 20:29).

Every time we attend Mass, something wonderful occurs. In the words of the *Credo of the People of God*:

Christ cannot be thus present in this sacrament except by the change into his Body of the reality itself of the bread and the change into his Blood of the reality itself of the wine, leaving unchanged only the properties of the bread and wine which our senses perceive. This mysterious change is very appropriately called by the Church *transubstantiation*.

In other words, the Church teaches that the "substance" of the bread and wine are changed at consecration, but the "accidents" remain the same. Before and after consecration, the Body and Blood smell, look, taste and feel like the bread and wine they were before.

Ordinarily.

Sometimes, very rarely, during a Mass, the accidents of the bread and wine apparently change in some way along with the substance. These are known as Eucharistic miracles.

Blessed Carlo Acutis created a website listing [Eucharistic Miracles around the world](#). While his list includes 32 Eucharistic Miracles for Italy, this one is the most well-known and visited.

The Eucharistic Miracle in Lanciano, Italy

The Eucharistic Miracle of Lanciano, located in the region of Abruzzo, is par excellence the most well-known in the Catholic Church.

The miracle took place in the eighth century in a church administered by Basilian monks. Similar to Bolsena, one of the priests was doubting the Real Presence. As he pronounced the consecration, the host was transformed into flesh, the wine into blood.

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Continued... Blessed Carlo Acutis Listed 32 Eucharistic Miracles—Here is the Top 1



The Body took on the form of a heart (above), and the Blood coagulated into five irregularly-shaped globules. (on the right)

In 1970, the miracle was subjected to scientific scrutiny. The doctors concluded that the flesh was human heart tissue and the blood is human. Both are from the same blood group, AB.

Today, the relics are conserved in a Franciscan church. While it is often difficult to discern details of other Eucharistic miracles, Lanciano is unique. Close access is possible thanks to a stairway immediately behind the relics. The flesh is preserved within a silver monstrance, the blood globules in a crystal chalice.



Note: Blessed Carlo Acutis Eucharistic Miracles website [Eucharistic Miracles around the world](#).

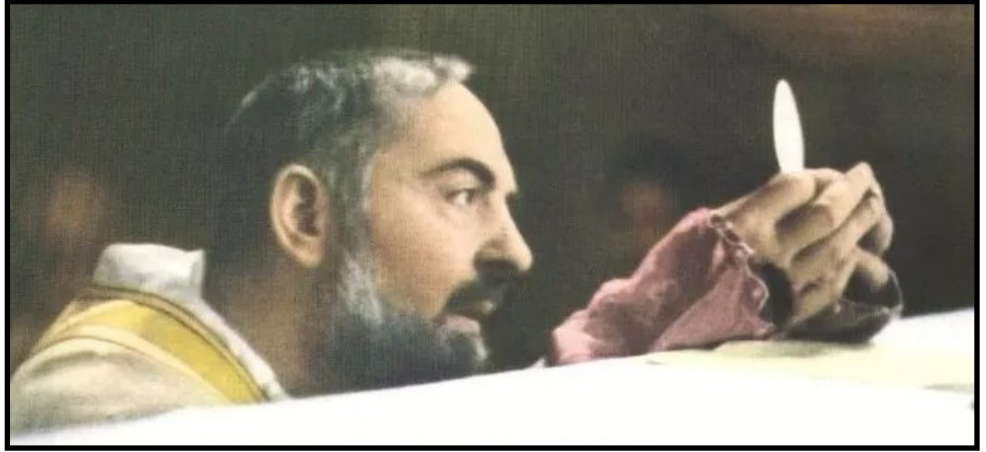
Saints Corner - What Saints Say About The Real Presence In the Eucharist

St. Padre Pio

"A thousand years of enjoying human glory is not worth even an hour spent sweetly communing with Jesus in the Blessed Sacrament."

St. Angela of Foligno

"If we but paused for a moment to consider attentively what takes place in this Sacrament, I am sure that the thought of Christ's love for us would transform the coldness of our hearts into a fire of love and gratitude."



St. Augustine

"Christ held Himself in His hands when He gave His Body to His disciples saying: 'This is My Body.' No one partakes of this Flesh before he has adored it."

St. Bernard

"It was love that motivated His self-emptying, that led Him to become a little lower than angels, to be subject to parents, to bow His head beneath the Baptist's hands, to endure the weakness of the flesh, and to submit to death even upon the cross."

St. Bridget

"Blessed be Thou, my Lord Jesus Christ, who didst foretell Thy death before the time, and in the Last Supper didst wonderfully consecrate Thy precious Body of material bread, and also charitably gave it to Thy Apostles, in memory of Thy most worthy Passion."

St. Euphrasia

"To speak of the Blessed Sacrament is to speak of what is most sacred. How often, when we are in a state of distress, those to whom we look for help leave us; or what is worse, add to our affliction by heaping fresh troubles upon us. He is ever there waiting to help us."

St. Francis of Assisi

"For One in such a lofty position to stoop so low is a marvel that is staggering. What sublime humility and humble sublimeness, that the Lord of the Universe, the Divine Son of God, should stoop as to hide Himself under the appearance of bread for our salvation! Behold the humble way of God, my brothers. Therefore, do not hold yourselves to be anything of yourselves, so that you may be entirely acceptable to One Who gives Himself entirely to you."

St. Francis de Sales

"When the bee has gathered the dew of heaven and the earth's sweetest nectar from the flowers, it turns it into honey, then hastens to its hive. In the same way, the priest, having taken from the altar the Son of God (who is as the dew from heaven, and true son of Mary, flower of our humanity), gives him to you as delicious food."

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Fraternity of Fatherhood—Group locations & Area Coordinators

Fr. Pinto has encouraged us to grow and expand the Fraternity of Fatherhood all over the world. He has granted us his permission, his blessing and he guides us spiritually. It is with this confidence that we now move forward with humility, obedience and docile hearts. If you are interested in joining a Fraternity of Fatherhood group or if you would like to start a group in your city contact Dcn. Ray Emnace, Mike Allison, Stacey Hill or Brendan McVicker.

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Continued... What Saints Say About The Real Presence In the Eucharist

St. John Bosco

"Do you want many graces? Go and visit the Blessed Sacrament often. Do you want few graces? Visit the Blessed Sacrament rarely. Do you want none at all? Then never pay a visit to the Blessed Sacrament."

St. John Vianney

"All the good works in the world are not equal to the Holy Sacrifice of the Mass because they are the works of men; but the Mass is the work of God. Martyrdom is nothing in comparison for it is but the sacrifice of man to God; but the Mass is the sacrifice of God for man."

St. Peter Julian Eymard

"The Eucharist is the link that binds the Christian family together. Take away the Eucharist and you have no brotherliness left."

St. Mother Teresa of Calcutta

"When you look at the Crucifix, you understand how much Jesus loved you then. When you look at the Sacred Host you understand how much Jesus loves you now."

St. Maximilian Kolbe

"You come to me and unite Yourself intimately to me under the form of nourishment. Your Blood now runs in mine, Your Soul, Incarnate God, compenetrates mine, giving courage and support. What miracles! Who would have ever imagined such!"

POSTAGE

Fraternity of Fatherhood

**We entrust the Fatherhood Fraternity to the patronage
of St. Joseph.**



**St. Joseph ...Pray For Us.
Feast Day March 19th**



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